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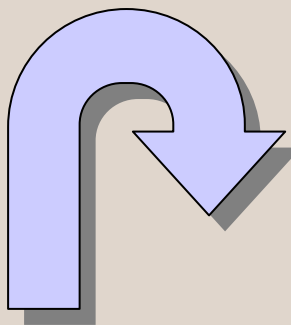


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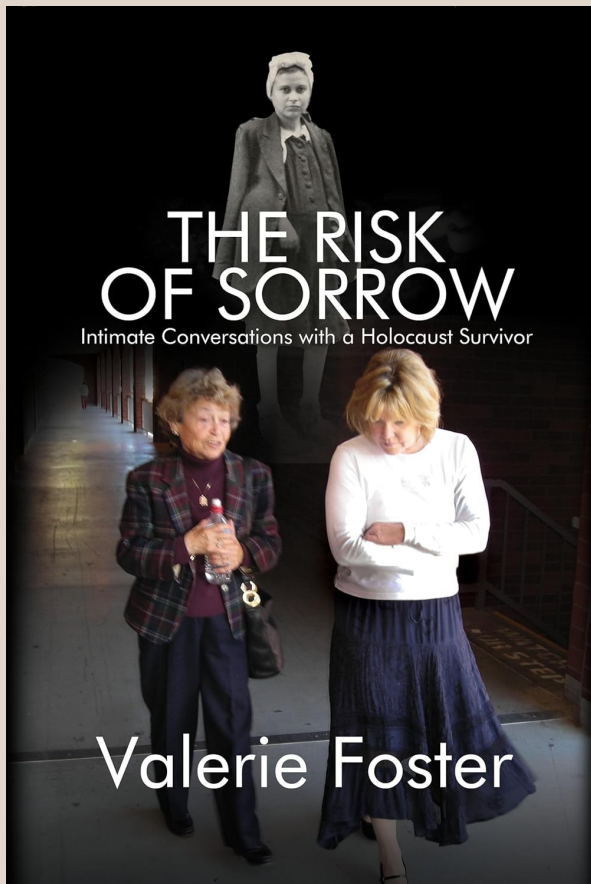
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Valerie Foster



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The Risk of Sorrow

“A beautiful, honest portrayal not only of survival, but of a friendship built from the telling of such a devastating experience.”

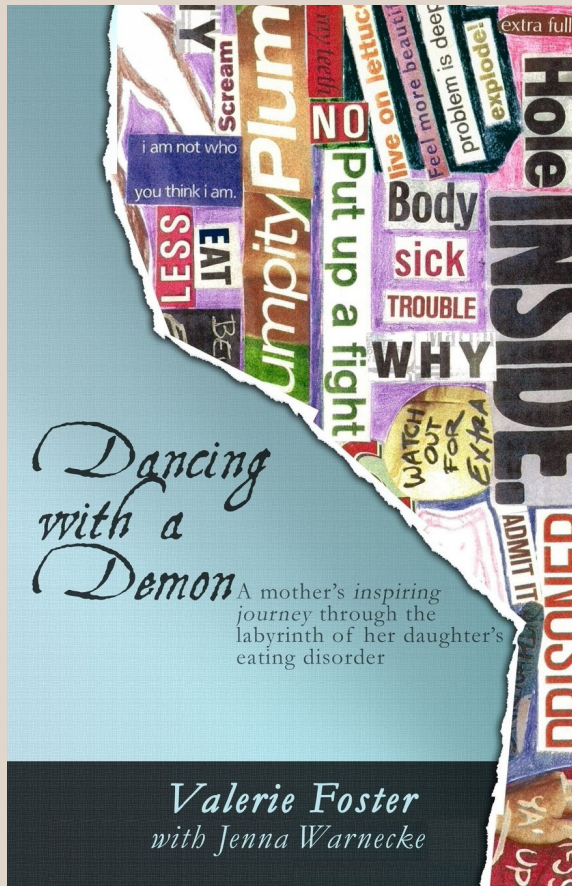
—Kim Klett, Regional Education Corps, United States Holocaust Memorial

Helen Handler was just fifteen years old when she found herself alone in Auschwitz. The horrors she faced, family she lost, and lessons she learned would shape every moment of her life in ways few people could imagine. After rebuilding her life in America, and sharing her dramatic tale of survival to one group of high school students, she feels a unique connection with Irish-Catholic teacher, Valerie Foster, and entrusts her with her inspiring story. Helen bares her soul, challenging Valerie to listen, learn, and search her own self. The teacher becomes the student as their weekly visits begin to sculpt the profile of a Holocaust survivor as rarely seen before.

More than a Holocaust memoir, *The Risk of Sorrow* is an intimate look at two women of different generations, religions, and cultures who forge an extraordinary friendship as together they examine deep questions of survival, faith, humanity, and love. This is a story for today's world.



Valerie Foster



Dancing with a Demon

A mother's love. A daughter's battle. A family's journey. What would you do if your child stopped eating? *Dancing with a Demon* is the true story of a mother searching for answers through the labyrinth of her daughter's struggle with an often fatal and perpetually mysterious disease. When author Valerie Foster's teen-aged daughter, Jenna, plunges into the dark world of anorexia nervosa, Valerie has to fight against a demon that threatens her daughter's life and her own mental health.

Her riveting narrative, along with Jenna's revealing journal entries, explores the complexities of the mother-daughter relationship and how this disease affects one's entire family. For psychologists, educators, teens and parents everywhere, *Dancing with a Demon* provides hope, understanding, and enlightenment.

Click [HERE](#) for more information or to purchase this title.