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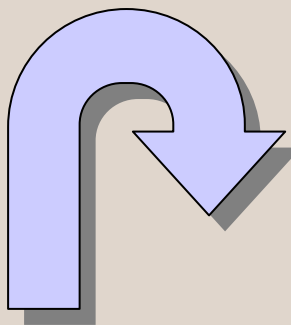


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## Lance Wilson



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### *A Wizard's Guide to Family Recovery*

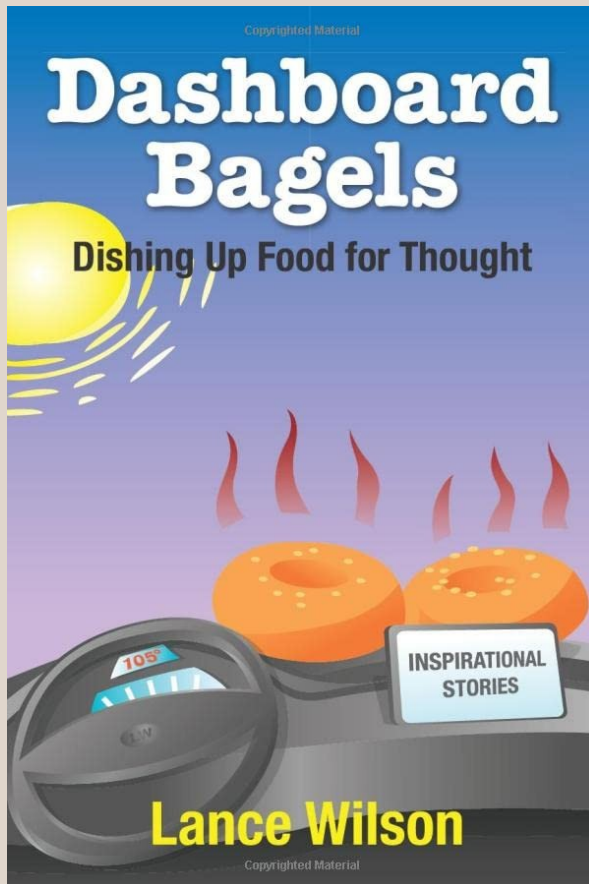
Merlynn has lived as a queen in a chess set for several centuries and is on a quest to fix a mistake that left her student, a little pawn named QP, feeling insecure and worthless.

Arnie is also on a mission. He is determined to help his friend, Michael, learn to cope with the trauma of having a bipolar son who has gone missing and an alcoholic daughter still living at home wreaking havoc. Their conversations take place over games of chess after attending family recovery support meetings. Unbeknownst to Arnie and Michael, Merlynn and QP listen intently to their discussions and process what they hear when returned to their worn velvet chess bag.

If you are struggling with codependency or other forms of family trauma, this book can help. Please join Merlynn, QP, Arnie, and Michael on this moving, yet lighthearted, journey from restlessness to calm, from uncertainty to confidence, and from sleepless nights to pleasant dreams. Along the way, surprising insights are revealed by an ancient owl, historical figures, brilliant chess grand masters, and attendees at a Dead & Company concert.



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### *Dashboard Bagels*

Dashboard Bagels: Dishing Up Food for Thought promises to open up new ways of thinking for you. The 19 unique real-life stories fill this quick read with deep insights. As you meet the interesting characters in these essays, you will come to appreciate that we truly do have a choice in how we respond to any situation. Dashboard Bagels makes a solid case that we can choose to react positively even to the most tragic of circumstances, such as becoming a quadriplegic, the death of a child, or the suicide of a father. Please do not be scared away by the darkness of these examples as food for thought is also dished up from lighter events like taking a car for an oil change, visiting Old Faithful, riding a roller coaster, and breaking a plate at a pot luck party. Elvis even makes an appearance and teaches a valuable lesson.

Click [HERE](#) for more information or to purchase this title.